

Suicide Prevention



Which of these teens is having suicidal thoughts? Are all of them? None of them? How would you know?

Join us for this free workshop based on NAMI NH's *Connect* program – a national Best Practice Program promoting early detection and treatment of risk factors like mental illness and substance abuse disorders which can lead to suicidal thoughts, threats, attempts and deaths. Participants will learn how to recognize the signs of suicide, how to respond and how to access services to help those who may be at risk.

All interested adults are welcome and encouraged to attend. Register at www.crispinshouse.org.

October 12, 2016; 6:30 to 8:30pm

St. Lawrence Church, 1 East Union Street, Goffstown

About our trainer: Lieutenant Keith Chauvette is a 21-year veteran of New Hampshire law enforcement and is currently the Support Services Commander for the **Goffstown Police Department**. He is a Goffstown High School graduate who completed the 106th NH Police Academy and holds a B.A. in Criminal Justice from Saint Anselm College.

During his career, Lt. Chauvette has held positions as a DARE Officer, Mountain Bike Patrol Officer, K9 Officer, Field Training Officer, Patrol Sergeant and Patrol Operations Commander. He is certified, through NAMI NH, as a Suicide Prevention and Post-Vention trainer and presents on this topic nationally. He is proud to be part of a coalition whose goal is to reduce the number of lives lost to suicide.

Lt. Chauvette and his family are avid sports fans, especially hockey and soccer, and also enjoy running and hiking and are currently on a mission to hike all of NH's 4,000 ft mountains. He can be reached via email at kchauvette@goffstownnh.gov.